

## **United States Navy MTF (BSO-18)**

### **Health Promotion Program Assessment Results**

This Report represents **76%** of the USNH and Medical Centers combined.

Total approximate MTF TRICARE enrolled:

Total number of service members **298,941**

Number of family members **332,440**

Number of retirees **188,619**

Indicate the number of full time equivalent (FTE) staff assigned to your HPW Division/Department/Program:

Health Educator/Health Promotion Coordinator **81% have at least 1 FTE**

Nurse (RN/LPN) **44% have at least 1 FTE**

Registered Dietician **44% have at least 1 FTE**

Allied Healthcare Professional **19% have at least 1 FTE**

Corpsman (including IDC) **25% has at least 1 FTE**

Other **38% have at least 1 FTE**

Estimate the percentage of time your HPW Division/Department/Program allocates to the following areas:

Health awareness level activities **26%**

Health education/motivation level activities **35%**

Health intervention level activities **39%**

Estimate the percentage of time your HPW Division/Department/Program allocates to the following program areas:

Drug/ Alcohol abuse prevention and control

**75% of MTF's participate and contribute an average of 5% of time**

Tobacco use prevention and cessation

**100% of MTF's participate and contribute an average of 26% of time**

Overweight prevention, obesity elimination, and nutrition education

**94% of MTF's participate and contribute an average of 26% of time**

Sedentary lifestyle elimination and physical fitness promotion

**94% of MTF's participate and contribute an average of 14% of time**

Injury and illness prevention

**63% of MTF's participate and contribute an average of 3% of time**

Sexual health and responsibility (SHARP)

**69% of MTF's participate and contribute an average of 3% of time**

Suicide prevention and stress/anger management

**63% of MTF's participate and contribute an average of 5% of time**

Primary prevention for heart disease, cholesterol, hypertension, diabetes or cancer

**63% of MTF's participate and contribute an average of 7% of time**

Disease management for diagnosed hypertension, diabetes, asthma, heart disease etc.

**56% of MTF's participate and contribute an average of 7% of time**

PHA

**Less than 1% of the MTF's participate and contribute an average of 5% of time**

Other

**25% of MTF's participate and contribute an average of 3% of time**

How would you rate your command support regarding your Health Promotion Program?

Excellent = **12%**

Very good/Good = **51%**

Good = **12%**

Fair = **25%**

Poor = **12%**

How many weeks do you think the 8 session ShipShape program should be?

More than 8 weeks= **7%**

8 weeks = **29%**

4 to 6 weeks= **64%**

Please rate the current metric reporting processes for the Tobacco Cessation program:

Excellent = **0%**

Very good = **25%**

Good = **50%**

Fair = **19%**

Poor = **6%**

Please rate the current metric reporting processes for the ShipShape program:

Excellent = **0%**

Very good = **29%**

Good = **29%**

Fair = **29%**

Poor = **13%**

Approximate the number of annual patient/client HPW AHLTA encounters conducted through the following means (not including PHA):

Group classes = **1275**

1-on-1 individual health counseling = **4342**

Phone counseling = **640**

Visits are not documented in AHLTA = **13706**

**\*75% of MTF's use AHLTA to document HPW visits**

What is the approximate proportion of beneficiary encounter types?

Percent of active duty = **57**

Percent of family members = **24**

Percent of retirees = **19**

Should all MTF-HPW programs utilize standardized AHLTA patient questionnaires/AIM forms to ensure better continuity of care, standardization and tracking of services?

Yes = **81%**

No = **19%**